

Plymouth Memorial Track Invitational

TEAMS – Open Door Christian, Mansfield St. Peter’s, Crestline, Mansfield Christian, Mohawk, Buckeye Central, East Knox, Black River, South Central, Plymouth

ENTERING MARKS – Please enter marks from this year into Baumspage

SCRATCHES or CHANGES – Can be made in the trailer by the finish line

ENTRY DEADLINE – Entries will be made online at: www.baumspage.com Entry deadline will be Thursday, **March 29** at 12:00 pm. A \$150.00 entry fee will be required from each school. To help seed events fairly please enter a mark when entering athletes.

Meet Information

Spikes – 1/8” spikes only

All events but the 100 dash, the 100/110 hurdles, the 200 dash, and the 300 Hurdles will be clerked on the turf on the high jump pad. The 100 dash and the 100/110 hurdles will be clerked on the curve by those events' starting line. The 200 dash and 300 hurdles will be clerked at that event's starting line. PLEASE remind athletes that ALL running events will be clerked and they will need to check in by the second call. All members of a relay need to check in with the clerks and will be sent to their exchange zones. Field events report at the event site.

This year we hoping to use the Gill HALO to start all races. So please make sure your athletes are listening to the starters carefully.

The setup of the Plymouth track is different. Instead of having a common finish line for the 100/110 hurdles we have a common starting line and a different finish line for the 110 hurdles. Please make sure that your athletes are aware of this.

Starting Heights – Girls high jump – 3’10” Boys high jump – 4’10”

Relay teams should use tennis balls to designate their starting marks. Chalk or Tennis balls may be used for high jump. Please DO NOT mark on all-weather surface with tape.

The 4 x 800, 800, 1600, and 3200 will use a one-turn stagger. The 4 x 400 relay will use a three-turn stagger.

Long jump, shot put, and discus will have 4 jumps or throws.

Meet results will be available as soon as possible after the meet on Baumspage.

Once the field events are completed, we want all athletes out of the infield. Coaches will have access to the infield and field event areas throughout the meet.

Plymouth Memorial Track Invitational

A concession stand will be open throughout the meet.

Coaches a hospitality room will be set up in the pressbox. Please make sure that only your coaches and meet workers are in this room.

Firelands Conference Admission - **\$7.00 All**

Meet Schedule

8:30 am Coaches Meeting

9:00 am Girls high jump/Boys high jump to follow

Boys shot put, girls discus – 2 flights 4 attempts 2 and 2 then switch

Boys long jump Girls long jump- 2 flights 4 attempts then switch

10:00 am Distance Medley Relay (girls' first) 800-400-1200-1600

11:00 am Running Event Finals – Regular OHSAA meet order

Coaches – All races will be timed finals

SCORING – 8 Places = 10-8-6-5-4-3-2-1, Medals to 1st place finishers